# (1990-2011) TMI Focus
# HEMI-LYNC Compilations

*Hemi-Lync: Making Global Connections* was a bulletin board that appeared regularly in the TMI Focus from 1992-2007. It was designed to connect readers with people, events, and publications around the world that had something to share about Hemi-Sync and The Monroe Institute.

**Newsletters (1992-2)**
*Endometriosis Association Newsletter*, Vol. 12, No. 6, 1991 ."Coping with Surgery" by Mary Lou Ballweg, Executive Director, explores the successful use of the *EMERGENCY SERIES* tapes during surgery for endometriosis. See a reprint of her article in this quarter's issue of the HEMI-SYNC JOURNAL.

*The International Society for the Study of Subtle Energies & Energy Medicine Newsletter* (ISSSEEM), vol. 2, No. 4, Winter 1991 ."Hemi-Sync and Addiction Treatment" by Leslie France excerpts from "Hemi-Sync in the Treatment of Chemically Dependent Patients" by Bogdan F. Maliszewski, MD, which appeared in the Summer 1991 issue of the HEMI-SYNC™ JOURNAL. The article describes a preliminary study suggesting that recovery from cocaine addiction was increased from twenty-five percent to fifty percent with patients who used Hemi-Sync.

**Newsletters (1992-3)**
*New Science News*, Vol. 1, No. 3, 1992. "Controlling Sound Patterns to Heal," which appears in this publication's In the News column, provides a succinct, well-written description of the HemiSync technology and applications.

**Newsletters (1994-3)**
The April issue of the *Hampton Roads Publishing Company Newsletter* announced that HRPC has arranged to sell Monroe tapes directly to their large and far-flung newsletter family.

**Newspapers (1994-3)**
*Arizona Networking News* The Spring 1994 issue featured "Sound of Mind and Body" by Professional Division Director Shirley Bliley. In this article, Shirley focused on the ability of sound in general and Hemi-Sync in particular to lead the brain into states of relaxation, concentration, and meditative consciousness which enhance health and promote healing from injury and disease.

*C'ville Review* "Monroe Institute: tune w/a view," by Steve Burger, headlined the ADVENTURE section in the March 23-April 5 issue of this local paper. Steve gave a detailed, enthusiastic, and accurate account of TMI today as well as its history and purpose. His reporting is a superb example of responsible journalism.

*London Daily Mail* “Femail” for February 26, 1994, quotes Laboratory Director F. Holmes Atwater on TMI's observations of high-frequency temporal gamma among active healers as part of a story on healer Seka Nikolic.

*The Daily Progress* TMI member Phyllis Popkin's activities as a gentle and considerate “ghost guide” were highlighted in LIFE & LEISURE for March 27, 1994. “So, who you gonna call? “ by Charlottesville reporter David Maurer, lucid and respectful coverage of Mrs. Popkin's unique service which is based on skills learned in LIFELINE.

The April 14, 1994, LIFE & LEISURE feature “A time To Heal,” also by Daily Progress staff David Maurer. The story of Gari Carter's “disfiguring accident [which] didn't scar the spirit” was sensitively told and included information on The Monroe Institute and theoretical aspects of Hemi-Sync. Gari is quoted as saying that the Emergency Series tapes “proved to be nearly miraculous.”

**Newsletters (1995-1)**
*Insights, The Newsletter of Hampton Roads Publishing Company,* October 1994, drew attention once again to *Healing Myself* by Gari Carter, *Using the Whole Brain*, edited by Ronald Russell, and *Living Is Forever,* by INNER CIRCLE member Ed Carter. *Healing Myself* was seriously considered as a *Reader's Digest* condensed book, while *Using the Whole Brain* and *Living Is Forever* are in their second and third printings respectively.

**Newsletters (1995-2)**
*Expansion*, *Tools for Awareness and Well Being*, January 1995, announced Professional Member Elisabeth Y. Fitzhugh's relocation to Charlottesville, VA Elisabeth will continue to combine Hemi-Sync tapes with her presentation of the ORION expanded awareness material and work with the Positive Immunity Program.

*Holistic Health, the Newsletter of the British Holistic Medical Association*, published “Sound and Health: The Work of The Monroe Institute,” by Ronald (Russ) Russell, in their February/March 1995 issue.

*The Stapleton InnerLine*, Vol. 15, No. 13, November 3, 1994, put “Former Frontier Employee Tells Inspirational Story,” by Sean P. McNerney, on the front page. The article touted former flight attendant Gari Carter's book, Healing Myself, and the benefits of the Surgical Support Series. She is quoted as saying, “To be able to control your own pain and not have to wait for a pain pill or for a scheduled shot was a wonderful feeling!”

**Newsletters (1996-2)**
The January 1996 issue of *EXPANSION: Tools for Awareness and Well Being,* Charlottesville, VA, gave TMI programs and products star billing in its networking section. Thanks to program graduate and Professional Member Elisabeth Y. Fitzhugh for this courtesy.

**Newsletters (1996-3)**
*Lifeline: The Newsletter of the National Chronic Pain Outreach Association, Inc.,* Summer 1995, included “New Therapy Reduces Pain. The article discussed Jeff Strong's Rhythmic Entrainment Intervention™ for altering physiological functioning by the introduction of specialized rhythms . Robert Monroe was referred to as “one of the more notable researchers in this field.”

**Newsletters (1996-4)**
*HANDSON: A Quarterly Publication of the Penang Skills Development Centre*, April-June 1996, devoted fifty percent of its “Managing Tips” section to 'The Whole Brain Synchrony Experience.” Workshop presenter Teh Tanyong (Tania) regularly offers this workshop to the Malaysian business community. The article characterizes Hemi-Sync as “a valuable and priceless tool for improved work performance and efficiency. “

**Newsletters (1997-2)**
*Insights: The Newsletter of Hampton Roads Publishing Company*, November 1996, announced TMI President Laurie Monroe's acceptance of an invitation to join HRPC's Board of Directors. The announcement, by HRPC's Chief Administrative Officer Frank DeMarco, included laudatory references to Institute residential programs and our e-mail address. HRPC is based in Charlottesville, Virginia.

In *BRAIN-SYNC,* December 1996 —her inaugural newsletter—Barbara Bullard covered a spectrum of health-related topics and holistic strategies (including Hemi-Sync) for addressing them. Detailed descriptions of and an order form for Hemi-Sync products were provided.

**Newsletters (1997-3)**
*INSIGHTS for the evolving human spirit*, the newsletter of Hampton Roads Publishing Company, January 1997, contained an eloquent tribute to J. Edwin Carter penned by Frank DeMarco. That issue also included current information on the second edition of Ed's book, *Living is Forever*, and a special offer on the audio version of the book, and it noted renewed interest in movie rights.

**Newsletters (1997-4)**
The *Health Resource Newsletter*, vol. 12, no. 2, 1997, listed Hemi-Sync tapes as a complementary approach in the treatment of attention deficit hyperactivity disorder (ADHD). The work of Professional Member Peter J. van der Schaar, MD, PhD, who has addressed this disorder with a combination of Hemi-Sync and amino acid therapy, was also cited.

**Newsletters (1998-1)**
*Voyages into the Unknown,* Bruce Moen's new book about the experiences and possibilities accessible through LIFELINE training, was given star billing in the September issue of *Insights*, the Hampton Roads Publishing Company newsletter.

*The Personal Report,* vol. 8, no. 3, third quarter 1997, is edited and published by Alvin H. Danenberg, DDS, a member of the TMI Professional Division. This issue contained “Train the Brain, Control the Pain” an article presenting the rationale for using Hemi-Sync to manage the pain and anxiety of periodontal surgery. Dr. Danenberg recently started a double-blind clinical study to evaluate Hemi-Sync's effect on these parameters.

**Newsletters (1998-2)**
*GATEWAY VOYAGE* alumnus Ron Rowe penned an attention-grabbing account of his week at TMI for the *Ojai & Ventura Voice,* vol. 10, no. 18, November 28, 1997. He concluded by saying: “. . . one week can change your whole life outlook and goals. You might be astounded at the results. I was.”

*Enfoque*, vol. 1, no. 1, was published in Madrid, Spain, in January. Edited by Professional Member and Reiki Master Carol Sabick, this newsletter contains excerpts, short articles, and comments on the uses of Hemi-Sync and related issues such as brain waves and meditative states.

**Newsletters (1998-3)**
“Consciousness Education and Training: The Next Frontier for HRD,” by OUTREACH Trainer Patricia Leva appeared in the March/ April issue of *Vantage Point,* the newsletter of the Rocky Mountain Chapter of the American Society of Training and Development. Patricia described the work of Bob Monroe and TMI as helping to form the body of knowledge for this newly emerging field of practice.

**Newsletters (1999-1)**
*On the Way*, vol. 7, no. 2, fall 1998, the newsletter of The Pilgrimage Institute for Integrative Healing, referred to TMI as “a marvelous demonstration of how the spiritual and the scientific can be integrated.” The statement was part of an article titled “New Hope for the World” by the Reverend Tanya Beck, founder and executive director of The Pilgrimage. Reverend Beck was a presenter at this year's Professional Seminar.

**Newsletters (1999-2)**
The Society for Effective Affective Learning (SEAL) in Great Britain published “Hemispheric Synchronization: An aid to learning” in the *SEAL Newsletter*, Oct./Nov./Dec. 1998. Author Ronald Russell, MA, a member of TMI's Board of Advisors, gave readers a condensed overview of Hemi-Sync as an intervention in learning environments and included specific examples to pique the interest of the uninitiated. The Institute's address and phone number *were listed.*

**Newsletters (1999-4)**
The *School for Self-Healing Newsletter*, summer 1999, credits the work of TMl Professional Member and amyotrophic lateral sclerosis (ALS) survivor David Atkinson. He is teaching his

Hemi-Sync-supported stress management and wellness techniques to Christine Cibils, who has been treated for ALS at the San Francisco-based school, founded by Meir Schneider, PhD, LMT.

**Newsletters (2001-2)**

“My *GATEWAY VOYAGE*: An Experiential Account” was the lead article in EHE News, vol. 7, no. 2, September 2000. Author Joseph M. Felser came in search of “a deeper, richer connection to Source” and out of a desire to “come alive, and give life to others.” Felser ended by feeling “connected to parts of [himself] that had gone dark” and characterized the *VOYAGE* as “a fresh infusion of wonder, a 13-12 shot for a fatigued philosopher. “